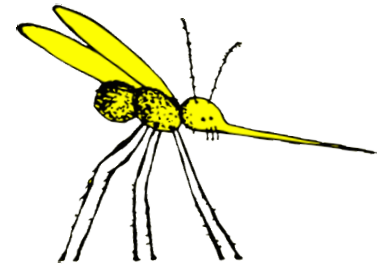




Oswego County Health Department



Fight The Bite!

Mosquitoes carrying EEE have been found in Oswego County, follow the tips below to stay safe and not get bit!

Use Insect Repellent

Use insect repellent (bug spray) on exposed skin when you go outdoors. Use an EPA-registered insect repellent with DEET, picaridin or oil of lemon eucalyptus in it. Be sure to use the repellent according to the product directions. Even a short time being outdoors can be long enough to get a mosquito bite.

Clothing Can Help Reduce Mosquito Bites

When weather allows, wear long-sleeves, long pants and socks when outdoors. Mosquitoes may bite through thin clothing, so spraying clothes with repellent containing permethrin or another EPA-registered repellent will give extra protection. Don't apply repellents containing permethrin directly to skin. Do not spray repellent on the skin under your clothing. The hours from dusk to dawn are peak biting times for many species of mosquitoes. Take *extra* care to use repellent and protective clothing during evening and early morning -- or consider avoiding outdoor activities during these times.

Drain Standing Water

Mosquitoes lay their eggs in standing water. Limit the number of places around your home for mosquitoes to breed by getting rid of items that hold water.

Install or Repair Screens

Some mosquitoes like to come indoors. Keep them outside by having well-fitting screens on both windows and doors. Offer to help neighbors whose screens might be in bad shape.



Fighting the bite can help prevent diseases like EEE and West Nile Virus

Don't forget your pets! Mosquitoes spread heartworms, which can be deadly to animals. Protect your pets by talking to your vet about preventive medications and flea treatments that also guard against mosquitoes.



Public Health is Community Health...

70 Bunner St.
Oswego, NY 13126
Phone: 315-349-3545
Fax: 315-349-8431