

Directory of Community Mental Health, Substance Use Disorders, and Developmental Disability Services



Oswego County Mental Hygiene Services

Committed to improving our local service system to provide superior support and care to Oswego County residents.

2019

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Oswego County Mental Hygiene Services

TABLE OF CONTENTS

<u>Adult Services</u>	3 - 8
Mental Health	3
Developmental Disabilities	5
Substance Use Disorders	7
<u>Children's Services</u>	9-13
Mental Health	9
Developmental Disabilities	11
Substance Abuse	13
<u>Other Support Services</u>	14
<u>Additional Websites</u>	15
County Map	16



Adult Services

Mental Health Supportive Services for Adults

Single Point of Access (SPOA) for Adults- *Receives and screens referrals for case management and ACT.* Oswego County Division of Mental Hygiene, 100 Spring Street, PO Box 1320, Mexico, NY 315-963-5361 www.oswegocounty.com/dss/mental.html

Local Care Management (Non-Medicaid)- *Community based support to facilitate independent living and recovery.* Catholic Charities, 808 West Broadway Street, Fulton, NY 315-598-3980 www.ccoswego.com

Health Home Care Management- *Community based support to facilitate independent living and recovery.*

ACR Health, 627 West Genesee St., Syracuse, NY 13204 Phone: 315-475-2430 Fax: 315-472-6515 <http://acrhealth.org/support/care-management>

Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 www.ccoswego.com

Hillside Children's Center, 215 Wyoming St. Syracuse, NY 315-703-8700 www.hillside.com

Oswego Health Care Management, Seneca Hill Manor Health Service Center, 105 County Route 45A, Suite 300, Oswego, NY 13126 315-326-3460 www.oswegohealth.org

Oswego County Opportunities, 75 E. First St., Oswego, NY 13126 315-342-7532 www.oco.org

Transition Support Services- *Time limited, intense care management assistance to manage complex short-term needs related to successful community living.* Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 www.ccoswego.com

Peer Advocacy, Support & Recreation- *Consumers of mental health services providing education, support, system advocacy, social and recreational opportunities for other consumers.*

ARISE, 9 W. Fourth Ave. Oswego, NY 13126 315-342-4088 www.ariseinc.org

Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 www.ccoswego.com

Step by Step Wellness Program- *Program promotes wellness and recovery, independence in the community, groups, peer supports, advocacy, education and prevocational skills, Transitional Employment, outreach, informational speakers and presentation.* Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 www.ccoswego.com

Drop-In Center – Program supports individuals diagnosed with a Mental Illness through their recovery, promotes wellness and combats stigma of Mental Illness. Activities are driven by the participants needs and requests. No mandatory participation or eligibility screening. Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 www.ccoswego.com

Mental Health Transportation Services- *Transportation services to select locations for adults and children with a mental health diagnosis. SPOA approval needed.*

Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 www.ccoswego.com

Advocacy & Mentoring - *Support and coaching for areas of Education, Vocation, Daily Living Skills, Housing, Money Management, Health/Positive Relationships, Self-Care. Service available for ages 18-24. SPOA Referral Required.* Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980

www.ccoswego.com

Ongoing Integrated Employment- *Assistance with choosing, getting, and keeping competitive employment through follow along services.*
Oswego Industries, Career Employment Services (CES), 7 Morrill Place, Fulton, NY 13069 315-598-3108
www.oswegoindustriesinc.org

Integrated Competitive Employment- *Vocational assessments and paid work in a competitive integrated work setting.*
Oswego Industries, 7 Morrill Place, Fulton, NY 315-598-3108 www.oswegoindustriesinc.org

Community-Based Family Care- *Housing provided in a caring, NYS OMH certified family home.*
Oswego County Opportunities, 239 Oneida St. Fulton, NY 13069 315-598-9110 www.oco.org

Supported Housing- *Startup funds, rental stipends, and support services for independent living.* Oswego County Opportunities, 239 Oneida St. Fulton, NY 13126 315-592-0793 www.oco.org

Transitional Housing- *NYS OMH Certified supervised residence and supportive apartments that prepare individuals for independent living.*
Oswego County Opportunities, 239 Oneida St. Fulton, NY 13069 315-598-9110 www.oco.org

Crisis / Respite Bed- *Residential option for adults in need of short-term support in a structured supervised setting.*
Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-9110 www.oco.org

Short-term Crisis Respite for Adults – *Oswego County site is located in the City of Oswego. Short-term crisis respite is run in a home-like setting with supports provided by certified Peer Specialists. Services are aimed at helping to reduce emergency department visits or hospitalizations.* 315-216-4320
Oswegocrisisbeds@liberty-resources.org



Mental Health Clinical Services for Adults

Acute Care Inpatient Unit- *NYS OMH Licensed Inpatient treatment for acute symptoms of mental illness.* Oswego Hospital Behavioral Services, 74 Bunner St., Oswego, NY 13126 315-326-4100
www.oswegohealth.org

Mobile Crisis- The Liberty Resources Mobile Crisis Team responds to individuals experiencing emotional distress or a mental/behavioral health crisis. Licensed trained professionals, case managers and peers can be available to assist with crisis stabilization by either phone or rapid response to individual's home/community. The Mobile Crisis team assists with crisis assessment intervention, referrals and follow-up. The team is available Monday-Friday 5:00 pm – 12:00 am and Saturday-Sunday 6:00am-12:00am. To reach Mobile Crisis- anyone can contact local law enforcement/911, 211 or Contact Community Services Crisis Connects Line at 315-251-0800. For non-emergency calls or to receive more information, please contact Liberty Resources Regional Mobile Crisis Director, Alex Mikowski at 315-414-6931 or amikowski@liberty-resources.org

Assertive Community Treatment Team (ACT)- *NYS OMH Licensed Non-traditional clinic and care management services. SPOA Referral required.* Oswego Hospital Behavioral Services, 74 Bunner Street, Oswego, NY 315-326-4228 www.oswegohealth.org

Emergency Services- *Emergency evaluations for acute mental health symptoms. It is suggested that you call ahead.* Oswego Hospital Behavioral Services, 74 Bunner St., Oswego, NY 13126 315-326-4100
www.oswegohealth.org

Outpatient Clinics, NYS OMH Licensed- *evaluation, individual and group counseling, and psychiatry services*

ARISE Child & Family Services, Main Office 113 Schuyler St., Fulton, NY 13069 315-887-5156

(Additional Office in Oswego) www.ariseinc.org

Liberty Resources Integrated Health Care, 945 South 1st St., Fulton, NY 13069 Intake 315-598-4642 ext.129, *identify yourself as an Oswego County Resident* www.liberty-resources.org

Oswego Hospital Behavioral Services, 74 Bunner Street, Oswego, NY 315-326-4100

www.oswegohealth.org Fulton Satellite Office: 98 North 2nd St., Fulton, NY 13069 315-326-3555.

Private Practitioners – *Evaluation and Counseling Services* –

Beacon Psychological Services, 317 West First St., Suite 112, Oswego, NY 13126 315-216-6862
beacon514@hotmail.com

Charles Craigmile, LCSW, 46 E. Oneida St., Oswego, NY 13126 315-695-6900

Counseling & Healing Arts of Oswego County, Inc., 188 S. Third St., Fulton, NY 13126 315-207-5435
Individual & Family Centered Holistic Therapy for the Mind, Body & Spirit

Creekside Counseling Services, 335 W. First St., Oswego, NY 13126 315-343-3344

www.creeksidecounselingservices.com

Family Partners in Psychological Health, 106 W. Utica St., Oswego, NY 13126 315-342-0033

Integrative Counseling Services, PLLC, 5 W. Cayuga St., Oswego, NY 13126 315-342-9255

Suicide Prevention- *National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service available to anyone in suicidal crisis. If you need help, please dial **1-800-273-TALK (8255)***

www.suicidepreventionlifeline.org

Suicide Prevention, Local Coalition – To join call 315-963-5361.



Developmental Disability Services for Adults

Access to Services *guidance and support with the eligibility and application process established by OPWDD. Linkages to programs and services*

ARISE, 9 Fourth Ave., Oswego NY 13126 315-342-4088 www.ariseinc.org

Advocacy, Information & Referral

AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org

ARISE, 9 W. Fourth Ave., Oswego, NY 13126 315-342-4088 www.ariseinc.org

CNY Developmental Services Office, 5 Tower Dr., Fulton, NY 13069 315-598-6120

Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org

Parents of Special Children, 808 W. Broadway, Fulton, NY 13069 315-297-4438 - Find us on Facebook at Parents of Special Children, Inc.

Effective July 1, 2018, MSC changed to Care Coordination Organizations. provides assistance for individuals or families to develop a life plan and access needed supports, services and desired activities.

People First Care Coordination Organizations:

LIFEPlan CCO 258 Genesee Street, Suite 601, Utica, NY 13502 315-565-2612 www.lifeplan.org

Prime Care Coordination 860 Hard Road, Webster, NY 14580 844-347-3168 www.primecareny.org

Family Support and Services- goods, services and subsidies that assist families of people with disabilities

AccessCNY 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org

ARISE, 9 W. Fourth Ave., Oswego, NY 13126 315-342-4088 www.ariseinc.org

CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120

Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustries.org

Parents of Special Children, 808 W. Broadway, Fulton, NY 13069 315-297-4438 - Find us on Facebook at Parents of Special Children, Inc.

Respite Reimbursement- reimbursement funding for flexible and diverse respite options, including respite care; activities; tuition & fees to programs & camps.

ARISE, 9 Fourth Ave., Oswego, NY 13126 315-342-4088 www.ariseinc.org

Parents of Special Children, 808 W. Broadway, Fulton, NY 13069 315-297-4438 - Find us on Facebook at Parents of Special Children, Inc.

Mentoring- One to one relationships through the use of voluntary supportive peers.

Person to Person Citizen Advocacy, PO Box 551, Fulton, NY 13069 315-593-2303 www.ppcadvocacy.org

Day Habilitation- formalized planned activities designed to enhance the abilities and skills of the participant which may include personal, social and work preparation activities. Services may be provided at an agency or in the community, in a group or individual basis.

ARC of Oswego County, 314 Park Street, Fulton, NY 13069 315-598-6007 www.arcofoswegocounty.org

Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 www.oco.org

Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org

Community Habilitation- provides community based services focusing on building independent living abilities, skills and integration into the community.

ARC of Oswego County, 7 Morrill Place., Fulton, NY 13069 315-598-3108 www.arcofoswegocounty.org

ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org

Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 www.oco.org

Onondaga Community Living, 518 James Street, Suite 110, Syracuse, NY 13203 315-434-9597 www.oclinc.org

Clinical Services- Physical Therapy/Occupational Therapy/Speech Therapy, counseling and psychiatric services.

Madison/Cortland ARC (Article 16 Satellite Clinic), 7 Morrill Place, Fulton, NY 13069 www.arcofmc.org

315-598-3108 <https://www.arcofmc.org/clinical-services1>

Free Standing Respite- planned day, evening or overnight stays away from a person's home. Free Standing Respite is scheduled and time-limited in a home with no full-time residents.

Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 www.oco.org

Respite- provides families of persons with disabilities temporary relief from caregiving responsibilities.

ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.arcofoswegocounty.org

ARISE, 9 Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org

YMCA, 265 W. First St. Oswego, NY 13126 315-343-4321 <http://oswegoymca.org/index.cfm/programs-events/respite1/>

Supported Employment- *provides varying levels of support in obtaining/maintaining a competitive job placement in the community.*

ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org

Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org

Onondaga Community Living, 518 James Street, Suite 110, Syracuse, NY 13203 315-434-9597
www.oclinc.org

Community Employment Service- *Vocational assessment trainings and paid work in an integrated work setting.* Career Employment Services, a division of Oswego Industries, 7 Morrill Place., Fulton, NY 13069 315-598-3108 www.oswegoindustriesinc.org

Vocational Assessment- *evaluations to determine strengths and interests to assist in career development.* Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108
www.oswegoindustriesinc.org

Workshop- *Vocational assessment trainings and paid work in a protective and non-integrated work setting.* Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108
www.oswegoindustriesinc.org

Home Modifications- *adaptations to the home that are necessary to maintain or increase ability to live at home with independence.*

ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org

AccessCNY 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org

Assistive Technology- *equipment, products, or devices that can be used to maintain or improve the functional abilities of individuals with disabilities.*

AccessCNY 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org

Residential Services-

Oswego County Opportunities, 239 Oneida Street, Fulton, NY 13069 315-598-4710 <http://www.oco.org/>

Central New York Developmental Disabilities Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120.



Substance Abuse and Addiction Services for Adults

Clinical Services - *Outpatient Clinics, NYS OASAS Licensed provides chemical dependency evaluations, individual, family and group therapy for those who struggle with and are impacted by the effects of an addiction.*

COCOA, 53 E. Third St., Oswego, NY 13126 315-342-2370 www.cocoa.org

Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 and Schuyler St.

Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 www.farnhaminc.org

Harbor Lights, 111 Hamilton St., Mexico, NY 13114 315-963-0777 www.HarborLightsCDS.com

Regional Open Access Center for Addiction (ROACA), Immediate help and access to treatment for people with addictions. Transportation available. Helio Health, 329 North Salina St., Syracuse, NY 13204 315-471-1564 www.helio.health

Opioid Treatment Program- Provides medication assisted treatment that combines behavioral therapy and medications to treat substance use disorders. Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 www.farnhaminc.org

Housing - NYS OASAS Certified structured and supportive housing for adults transitioning to abstinent (drug and alcohol free) living, community residence and apartments. Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-6312. www.oco.org

Recovery Support Services- Support Services, various support groups are available throughout the county for individuals who are in recovery from an addiction to alcohol or narcotics. Group listings are available at:

Alcoholics Anonymous Hotline 315-463-5011
Prevention Network - Family Support Navigators - 518-487-4395
Narcotics Anonymous Hotline 315-472-5555

Peer Engagement Services – Utilizing lived recovery experiences, Certified Recovery Peer Advocates engage individuals with substance use disorders, their families and providers who have experienced barriers to accessing treatment for substance abuse.
Helio Health - Center of Treatment Innovation (COTI) 329 North Salina St., Syracuse, NY 13204 315-401-4288. www.helio.health

Peer Support Services – A person centered, strength focused service available to individuals enrolled in Outpatient Treatment Services, delivered by an individual credentialed as a Certified Recovery Peer Advocate. The Peer Advocate may provide an array of services including but not limited to: raising awareness of existing social and other support services, modeling coping skills, providing non-clinical crisis support, especially after periods of hospitalization or incarceration, working with participants to identify strengths, linking participants to formal recovery supports, and educating program participants about various modes of recovery.
Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 and Schuyler St. Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 www.farnhaminc.org
COCOAA, 53 E. Third St., Oswego, NY 13126 315-342-2370 www.cocoa.org

Vocational Services – NYS OASAS funded program that provides individuals in need of substance use disorder services with employment training, referral services and skill development in order to attain employment and/or education.
COCOAA, 53 E. Third St., Oswego, NY 13126 315-342-2370 www.cocoa.org
Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 and Schuyler St. Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 www.farnhaminc.org



Children's Services



Mental Health Supportive Services for Children

Single Point of Access (SPOA) for Children- *Receives and screens referrals for Care Management, Advocacy & Mentoring, Planned Respite, Residential Placements, and HCBS Waiver Program. Provides information on additional mental health programs as needed.* Oswego County Division of Mental Hygiene, 100 Spring St. PO Box 1320, Mexico, NY 13114 315-963-5361
www.oswegocounty.com/dss/mental.html

Local Care Management (Non-Medicaid) - *Community-based services designed to promote family engagement, independence and wellness for children with serious emotional disturbances and their families.*

Oswego Health Care Management, 105 County Route 45A, Suite 300, Oswego, NY 13126 315-326-3561 www.oswegohealth.org

Children's Health Home Care Management- *Community based support to assist children & families to develop skills to manage overall health and wellness.*

Catholic Charities, 808 W. Broadway, Fulton, NY 315-598-3980 www.ccoswego.com

Cayuga Centers, 44 Bridge St., Oswego, NY 13126 www.cayugacenters.org

Elmcrest Children's Center, 960 Salt Springs Road, Syracuse, NY 315-463-9415 www.elmcrest.org

Hillside Children's Center, 215 Wyoming St. Syracuse, NY 315-703-8700 www.hillside.com

House of the Good Shepherd, 26515 NYS Route 3, Watertown, NY www.changingchildrenslives.com

Liberty Resources Integrated Health Care, 945 South 1st St., Fulton, NY 13069 Intake 315-598-4642 ext.129, *identify yourself as an Oswego County Resident* www.liberty-resources.org

Oswego Health Care Management, Seneca Hill Manor Health Service Center, 105 County Route 45A, Suite 300, Oswego, NY 13142 315-326-3460. www.oswegohealth.org

Salvation Army **NEEDS ADDRESS** www.salvationarmyusa.org

Planned Respite- *Scheduled respite provided to children with severe emotional disturbances in a Hillside certified foster home.* Hillside, 215 Wyoming St., Syracuse, NY 13204 315-703-8700 www.hillside.com

Child & Adolescent Respite - Hutchings Psychiatric Center- *short-term (1-14 days). Ages Served 10-17. Trauma sensitive, safe and therapeutic living environment & crisis support. 6-bed program available to Oswego County residents.* Hutchings Psychiatric Center, Madison St. Syracuse, NY 315-426-7759.

Mental Health Transportation Services- *Transportation services to select locations for adults and children with a mental health diagnosis. SPOA approval needed.* Catholic Charities, 808 West Broadway, Fulton, NY 315-598-3980 www.ccoswego.com

Advocating and Mentoring Program (AMP)- *One on One and group mentoring program in the community for children ages 7-20.* Catholic Charities, 808 W. Broadway Fulton, NY 315-598-3980 www.ccoswego.com. Referrals come through Children's SPOA.

GLOW Family Peer Support Services – *Empowerment, Education & Advocacy. Empowering families and/or caregivers through the identification and building of natural supports.* Hillside Children's Center, 215 Wyoming St. Syracuse, NY 315-751-0232 www.hillside.com



Mental Health Clinical Services for Children

Mobile Crisis- The Liberty Resources Mobile Crisis Team responds to individuals experiencing emotional distress or a mental/behavioral health crisis. Licensed trained professionals, case managers and peers can be available to assist with crisis stabilization by either phone or rapid response to individual's home/community. The Mobile Crisis team assists with crisis assessment intervention, referrals and follow-up. The team is available Monday-Friday 5:00 pm – 12:00 am and Saturday-Sunday 6:00am-12:00am. To reach Mobile Crisis- anyone can contact local law enforcement/911, 211 or Contact Community Services Crisis Connects Line at 315-251-0800. For non-emergency calls or to receive more information, please contact Liberty Resources Regional Mobile Crisis Director, Alex Mikowski at 315-414-6931 or amikowski@liberty-resources.org

Emergency Services- Oswego Hospital Emergency Department, 110 West Sixth St., Oswego, NY 315-349-5522 www.oswegohealth.org

Outpatient Clinics, NYS OMH Licensed- *evaluation, counseling and psychiatry services, medication management.*

ARISE Child & Family Services – Main Office 113 Schuyler St., Fulton, NY 13069 315-887-5156 (Additional Office in Oswego) www.ariseinc.org

Liberty Resources Integrated Health Care (formerly the Brownell Center), 945 South 1st St., Fulton, NY 13069 Intake 315-598-4642 ext. 129, *identify yourself as an Oswego County Resident* www.liberty-resources.org

Oswego Hospital Child & Family Services, 98 N. Second St. Suite 100, Fulton, NY 13069 315-326-3555 www.oswegohealth.org

School-Based Mental Health Clinics, NYS OMH Licensed- *satellite clinics* *providing evaluation and counseling with certain school buildings. Contact school personnel to inquire about a referral. More sites added each Fall.*

School Buildings with a NYS OMH licensed satellite mental health clinic as of January 2019:

Fulton City Schools
Fairgrieve Elementary
Lanigan Elementary
Granby Elementary
Volney Elementary
Fulton Junior High
G. Ray Bodley High School

Oswego City Schools
Fitzhugh Park Elementary

Hannibal Central Schools
Kenney Middle School
Hannibal High School

Central Square Central Schools
A.A. Cole Elementary
Central Square Middle School
Paul V. Moore High School

Suicide Prevention- *National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service available to anyone in suicidal crisis.*

If you need help, please dial **1-800-273-TALK (8255)** www.suicidepreventionlifeline.org

Children's School Based Day Treatment - *Stepping Stones Day Program.* *A collaboration between Oswego CITI and Hillside Children's Center.* Fourth St School, Fulton, NY 315-593-8608

Private Practitioners- *Evaluation and Counseling Services –*

Beacon Psychological Services, PLLC 317 West First St., Suite 112, Oswego, NY 13126 315-216-6862
Charles Craigmile, LCSW, 46 E. Oneida St., Oswego, NY 13126 315-695-6900

Counseling & Healing Arts of Oswego County, Inc. 188 South Third St., Fulton, NY 13126 315-207-5435.
Individual & Family Centered Holistic Therapy for the Mind, Body & Spirit.

Creekside Counseling Services, 335 W. First St., Oswego, NY 13126 315-343-3344
www.creeksidecounselingservices.com

Family Partners in Psychological Health, 106 W. Utica St., Oswego, NY 315-342-0033
Integrative Counseling Services, PLLC., 5 W. Cayuga St., Oswego, NY 315-342-9255



Developmental Disability Services for Children

Advocacy, Information and Referral

AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org
ARISE, 9 W. Fourth Ave., Oswego, NY 13126 315-342-4088 www.ariseinc.org
ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.arcofoswegocounty.org
CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120
Parents of Special Children, 808 W. Broadway, Fulton, NY 13069 315-297-4438

Access to Services- *guidance and support with the eligibility and application process established by OPWDD. Linkages to programs and services.* ARISE, 9 Fourth Ave., Oswego NY 13126 315-342-4088 www.ariseinc.org

Support Groups- *For individuals with a disability, or their caregivers and/or siblings.* ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org

Medicaid Service Coordination- provides assistance for individuals or families to develop a life plan and access needed supports, services and desired activities. **Effective July 1, 2018, MSC changed to Care Coordination Organizations.**

People First Care Coordination Organizations:

LIFEPlan CCO 258 Genesee Street, Suite 601, Utica, NY 13502 315-565-2612 www.lifeplan.org
Prime Care Coordination 860 Hard Road, Webster, NY 14580 844-347-3168 www.primecareny.org

Clinical Services- *Physical Therapy/Occupational Therapy/Speech Therapy, counseling and psychiatric services.*

Madison/Cortland ARC (*Article 16 Satellite Clinic*), 7 Morrill Place, Fulton, NY 13069 www.arcofmc.org
315-598-3108 <https://www.arcofmc.org/clinical-services1>

Early Intervention- *provides services to children from birth to two years of age who may not yet meet the OPWDD criteria, activities include pre-academic skills, social interaction skills, self-care skills and infant stimulation. The Oswego County Health Department is a single point of entry in which all early intervention referrals enter.*

Liberty Resources Integrated Health Care, 945 South 1st St., Fulton, NY 13069 - Intake 315-598-4642 ext. 129, *identify yourself as an Oswego County Resident* www.liberty-resources.org
Little Luke's— 10 Burkle St., Oswego, NY 13126 315-342-4600, Castle Drive, Pulaski, NY 315-298-5070, 706 South 4th St., Fulton, NY 315-887-5250 www.littlelukes.com/contact.html
Oswego County Health Department- Early Intervention, 70 Bunner St., Oswego NY 13126 315-349-3510
Pemberton Associates— 315-963-0864 – *Provides Aquatic Program through Early Intervention, Preschool, Special Education and privately through services of a Physical Therapist.*
The Rowland Center for Early Intervention Services and Preschool Special Education Services- 315-786-7202 - 120 Washington St, Suite 306, Watertown, NY 13601

Community Habilitation- *provides community based services focusing on building independent living abilities, skills and integration into the community.*

ARISE, 9 W. Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org

ARC of Oswego County, 7 Morrill Place., Fulton, NY 13069 315-598-3108 www.arcofoswegocounty.org

Family Support and Services- *goods, services and subsidies that assist families of people with disabilities. *ARC, PSC and ARISE have FSS reimbursement.*

ARISE, 9 Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org

CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120

AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org

Parents of Special Children, 808 W. Broadway, Fulton, NY 13069 315-297-4438 - Find us on Facebook at Parents of Special Children, Inc.

ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.arcofoswegocounty.org

Oswego Industries, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.oswegoindustries.org

Home Modifications- *adaptations to the home that are necessary to maintain or increase ability to live at home with independence.*

ARISE, 9 Fourth Ave., Oswego, NY, 13126 315-342-4088 www.ariseinc.org

CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120

AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org

Assistive Technology- *equipment, products, or devices that can be used to maintain or improve the functional abilities of individuals with disabilities.*

AccessCNY, 1603 Court St., Syracuse, NY 13208 315-455-7591 www.AccessCNY.org

Free Standing Respite- *planned day, evening or overnight stays away from a person's home. Free Standing Respite is scheduled and time-limited in a home with no full-time residents.*

Oswego County Opportunities, 239 Oneida St., Fulton, NY 13069 315-598-4710 www.oco.org

Respite- *services that provides families of people with disabilities temporary relief from caregiving responsibilities.*

ARC of Oswego County, 7 Morrill Place, Fulton, NY 13069 315-598-3108 www.arcofoswegocounty.org

ARISE, 9 Fourth Ave., Oswego, NY 13126 315-342-4088 www.ariseinc.org (summer camp & in-home only)

CNY Developmental Services Office, 5 Tower Drive, Fulton, NY 13069 315-598-6120

Parents of Special Children, 808 W. Broadway, Fulton, NY 13069 315-297-4438 - Find us on Facebook at Parents of Special Children, Inc.

YMCA, 249 West First St. Oswego, NY 13069 315-343-4321 www.oswegoymca.org/social_services.php

Respite Reimbursement- *reimbursement funding for flexible and diverse respite options, including respite care; activities; tuition & fees to programs & camps.*

Parents of Special Children, 808 W. Broadway, Fulton, NY 13069 315-297-4438 - Find us on Facebook at Parents of Special Children, Inc.

Mentoring- *One to one relationships through the use of voluntary supportive peers.*

Person to Person Citizen Advocacy, 157 East First St., Suite 9, Oswego, NY 13126 315-593-2303

www.ppcadvocacy.org





Substance Abuse and Addiction Recovery Services for Children

Outpatient Clinics, NYS OASAS Licensed- *Provides chemical dependency evaluations, individual, family and group therapy for those who struggle with and are impacted by the effects of an addiction.*
COCOA, 53 E. Third St., Oswego, NY 13126 315-342-2370 www.cocoa.org
Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 & Schuyler St.
Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 www.farnhaminc.org
Harbor Lights, 111 Hamilton St., Mexico, NY 13114 315-963-0777 www.HarborLightsCDS.com

Regional Open Access Center for Addiction (ROACA)- *Immediate help for people with addictions and immediate access to treatment. Transportation available.* Helio Health 329 North Salina St., Syracuse, NY 13203 315-471-1564 www.helio.health

Prevention Services- *Provides prevention and intervention services to individuals, groups, schools, organizations, and the general public.*
COCOA, 53 E. Third St., Oswego, NY 13126 315-342-2370 www.cocoa.org
Farnham Family Services, 283 W. Second St., Oswego, NY 13126 315-342-4489 113 Schuyler St.
Commons, Suite 1, 113 Schuyler St., Fulton, NY 13069 315-593-0796 www.farnhaminc.org
Oswego County Prevention Coalition, 283 W. 2nd St., Suite 200, Oswego, NY 13126 315-342-4489 Ext. 2400 www.ocpreventioncoalition.org

Oswego County Opportunities Youth Clubhouse – *“The SPOT” provides for peer-driven supports and services that encourage a drug-free lifestyle. “The SPOT” offers services to youth from 12-21 yrs. of age who are either in recovery or at risk for substance use.* Oswego County Opportunities, Inc., Midtown Plaza, 18 East Cayuga Street, Oswego, NY 13126 315-342-7532 www.oco.org

Other Support Services

Pregnancy Prevention & Services- *A comprehensive array of services for women of reproductive age as well as pregnant and parenting teens.*

Oswego County Opportunities, OPTIONS, 18 E. Cayuga St., Oswego, NY 13126
315-342-7532 www.oco.org

Oswego County Opportunities, Health Education, 239 Oneida St., Fulton, NY 13069 315-592-0810
www.oco.org

Abuse & Assault Services-

SAF Oswego County Opportunities, 315-342-1600 www.oco.org. *Accepts calls 24/7 including county collect calls. Assists victims of violence and sexual assault.*

Child Advocacy Center, 163 South First Street, Fulton, NY 13069 315-592-4453

Emergency and Homeless Services –

Catholic Charities, 808 West Broadway, Fulton, NY - A source of comfort and aid to families and individuals throughout Oswego County, the Emergency Assistance Program provides a wide array of vital services to meet the basic needs of those less fortunate. These include: medical costs, prescription drug costs, utility payments, diapers, baby formula, clothing, personal hygiene items, furniture and household items. Based on eligibility and available funding. 315-598-3980 www.ccoswego.com

Oswego County Opportunities, Midtown Plaza, 18 East Cayuga Street, Oswego, NY 13126 315-342-7618 www.oco.org or Toll Free 1-877-342-7618 www.oco.org *Assists homeless, runaway and youth in need of emergency services.*

NY Connects of Oswego County- 315-349-8697 www.OswegoCounty.com/ofa/nyconnects.html

If you have questions about any of the mentioned services, please contact:

Oswego County Division of Mental Hygiene

Department of Social Services

(315) 963-5361

100 Spring Street / P.O. Box 1320

Mexico, NY 13114

www.oswegocounty.com/dss/mental.html

An extensive list of additional services may be found in the Community Services
Directory at

www.co.oswego.ny.us

To report any changes or request additional copies of this directory please call
(315) 963-5361

Find us on Facebook
Oswego County Mental Hygiene Division



Additional Websites

New York State Family Resources- *Parenting resources:* www.nysfamilyresources.org

National Suicide Prevention Lifeline- *A 24-hour suicide prevention service available to anyone in suicidal crisis:* www.suicidepreventionlifeline.org

Family Guide- *Emphasizes the importance of family, promotes mental health, and helps prevent underage use of alcohol, tobacco, and illegal drugs:* www.samhsa.gov

National Alliance on Mental Illness-*Providing support, education, and advocacy for people with mental illness and their families:* www.nami.org

National Eating Disorders Association- *Education, resources and support to those affected by eating disorders:* www.nationaleatingdisorders.org

Parent to Parent of NYS-*Connecting and supporting families of individuals with special needs:* www.parenttoparentnys.org

Option Line- *Answers to concerns or questions about pregnancy, abortion and related issues:* www.optionline.org

KidsHealth- *Provides accurate and up-to-date health information about children:* www.kidshealth.org

National Runaway Switchboard-*National communication system for runaway and homeless youth:* www.1800runaway.org

NYS OMH – Search for a Provider <https://my.omh.ny.gov/bi/pd/saw.dll?PortalPages>

NYS OASAS – Search for Provider - <https://findaddictiontreatment.ny.gov/>

NYS OPWDD – Front Door to Services - <https://opwdd.ny.gov/welcome-front-door/home>

211 <https://211cny.com/>

